

REFLECTIONS



THE OFFICIAL PUBLICATION OF THE STONY BROOK CAMERA CLUB

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A message from the President:

Write it Down

The further from puberty I get (I realize many of you are saying that's a long journey for me) the more I find I have to write things down.

Whether you're approaching your golden years or you can look backward and still see puberty, there's one instance in which "writing it down" pays massive dividends. That instance is goal setting.

Speaker and author Charlie 'Tremendous' Jones contends, *"Everyone has a success mechanism and a failure mechanism. The failure mechanism goes off by itself. The success mechanism only goes off with a goal. Every time we write down and talk about a goal we push the button to start the success mechanism."*

Other than actually setting the goal, the simple act of writing your goal on paper is the single most important step in achieving that goal. And, interestingly enough, the more times you write the goal, the quicker and more effectively that goal will materialize in your reality. (Now I realize some of you spend so much time on the computer that you may have forgotten how to write. If so, please ask a less computer-savvy member for help. I'm sure they'll oblige.)

As you prepare for the new year at Stony Brook, have you decided which goal or goals you would like to achieve? What will cause you to stretch and to learn? (Hint: *Staying awake till the end of each meeting, as in my case, may be admirable, but probably not a great goal.*) Is it your goal to:

Fully understand the mechanics of your new camera.

Master a technique you haven't tried, for example, montages.

Create a show that "Wow's" even the club's most accomplished members.

Get accepted to speak/show at the NECCC Conference.

Win one (or more) categories in the multi-slide competition.

Attend four (or more) of next year's scheduled field trips.

Achieve First Place in one (two, three, etc.) competition.

Participate in every competition.

Create an image and print good enough to hang on your wall and actually hang it.

Let me challenge you to sit down today and set your single most important goal for the upcoming year. Make it a stretch. And then, *"Write it down!!"* You'll be amazed at the exciting impact the simple act of writing down your goal will have in terms of personal growth and accomplishment.

Paul Burke, President

NECCC proved to be another fun filled weekend this year. Our club attendance....45 members! Three of our members, Andre Bourque, John Fuller, and Ray Guillette, presented great shows. If you have never attended the conference, plan to go next year. The dates for the 2005 conference are:

July 15,16,17, 2005

You won't be disappointed!!!

STONY BROOK CAMERA CLUB WEB PAGE
<http://www.photo-ne.com/clubs/stony.html>



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Bob Sheppard

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Slide/Print study	Ray Guilette
Equipment	Dan Charbonnet
Field Trips	Jim & Jessica Jones
Reflections	Henny Smith
Publicity	Billie Manning
Workshops	Mike Di Stefano, Gail Hansche, Ray Guilette
Hospitality	John Kerns
Refreshments	TBA
Judges	John Fuller
Database	Dan Charbonnet
Nominations	Bob Doyle
Scholarship Fund	Bob Yankee, Billi Manning, Joe Cormier
PSA Representative	John Fuller
NECCC Representative	Ray Guilette

COMPETITIONS:

Color Slides	Martha Kerns
B&W Prints	Ken Wiedemann
Color Prints	Ray Guilette
PSA/NECCC	Dan Charbonnet
Multi-screen	Martha Kerns

STONY BROOK CAMERA CLUB

PURPOSE: To promote enjoyment and proficiency in all aspects of photography through education by mutual exchange of knowledge and experience; and, to promote a broad appreciation of our environment.

MEETINGS: Meetings will be held on the first and third Thursdays of each month, except for no meetings in July and August. Other Workshops and Print/Slide Study Nights may be scheduled on the second and fourth Thursdays. Consult the SBCC Calendar of Events. All meetings start at 7:30 P.M. The regular meeting place is Stony Brook Audubon Preserve, Norfolk, MA off Route 115. At other times activities are scheduled in other nearby locations.

DUES: Individuals: \$30.00, Families: \$40.00, and \$15.00 for students and members over 65 years of age. To be eligible for competitions, dues must be paid by the first competition in November.

NEWSLETTER: Published six times during the year for Aug/Sept, Oct/Nov, Dec/Jan, Feb/Mar, Apr/May, and Jun/Jul and solely for the information, guidance and enjoyment of the Stony Brook Camera Club, Norfolk, MA

OFFICERS: Elected annually and serve as the executive committee with two past presidents. The Stony Brook Camera Club is affiliated with the New England Camera Club Council and is a member of the Photographic Society of America

Fall Foliage Hot Spots of Northern New England

by Michael A. Di Stefano, MNEC

The fall season is my favorite time of the year. I only wish it lasted longer. Many times the weather can play an important part in how long the leaves stay on the tree and their color. If you are retired and have the time to come and go as you please, then you will have the upper hand to maximize your potential for good shooting. If you are a 9 to 5'er, relegated to weekend excursions, then you will be at the mercy of Mother Nature. Personally, I believe a good day photographing the fall colors is worth more than a days pay, so if I know the weather will be good and it is peak conditions where I want to photograph, then its f8 and be there.

Basically, the fall colors start far up north in New England near the Canadian border and highest elevations in the White and Green Mountains. It will gradually progress southward and down the mountainsides into the valleys. Therefore, if you are planning to photograph the early weeks of color far north, you will need to book over night accommodations as day tripping that far will be impossible. There are only a few short weeks and multitudes who wish to witness this bedazzling display. Therefore, it is never too early to make reservations be it at an economy motel, historic hotel, or cozy bed & breakfast.

How does one find the quintessential fall foliage shot? Research my friends. In this game knowledge is essential. My resources include state tourism publications and web-sites. (See list at end of article) Google any keyword such as a state name, county name, regional name or specific site name and a cavalcade of information will be at your figure tips. You many need to spend some time finding the good info. in with the useless info., but it is time well spent. Pre-planning will make the most of your time when you are there shooting. All the New England states have official guidebooks with full size maps and various web sites that will give all that basic information you need to start on your trek. More information can be found in Chamber of Commerce publications and web sites, but beware these resources usually only tell you about the places that advertise in these resources. There are also magazines that can be subscribed to or pick up a single issue at the newsstand. Some that I like are Natural New England, Vermont Life, and Yankee magazine. Road atlases will get you in and around the backcountry roads. DeLorme atlas & gazetteer is the best. A photographer wrote a book about the popular photo-scenics in Vermont. It has 23 classic icon shots, which include the Jenne Farm, The Sugar Shack of South Woodstock, The Gray Farm (aka Sleepy Hollow Farm) and many more. A few sites are now over grown by trees, and some destroyed in some way such as fire. To order this book contact the author: Arnold J. Kaplan, APSA-AFIAP 236 Nottingham Drive Centerville, MA 02632.

So let's get down to business. Where are the best places to shoot Fall Foliage? I return time after time to the central part of Vermont in the Woodstock area. There is a great mix of farms, covered bridges, streams, waterfalls and birch trees. In South Woodstock, the famous Jenne Farm can be found just off Route 106. I never tire of this special place. Though nearly everyone in the world, from nearly every conceivable angle, has shot it I still find myself drawn by its wonderful setting. Just a half mile south of Jenne Farm on the opposite side of Route 106 is a road that leads to the most famous Sugar Shack. Both of these locations are morning shots, go to Jenne Farm first and then the Sugar Shack later. Still farther south is Weathersfield Birches a well-hidden stand of white birches. Even with directions it may be hard to find, but for those who can visualize golden yellow leaves against a polarized blue sky and the stock white tree trunks towers over you, and if that's not

enough there is an abandoned cabin that can be worked into your compositions quite well. This location can be shot in the morning or afternoon. North of the town of Woodstock is what is called "Ridge Road". A meandering dirt road though some of the prettiest farmland I have ever seen. Here you will find the famed Gray Farm. This classic is nearly as photographed as the Jenne Farm. I feel it is best shot in the afternoon, but I have seen morning shots and they were done well too.

There are some great towns to shoot that do not have an iconic composition, but are still very picturesque. Turnbridge is the typical one church, one town building and one farm type of town. It has a great over view shot from the hillside behind the town cemetery. Simply follow the road opposite the town clerk building and look back over your right shoulder. This shot takes on different characteristics based on morning or afternoon light. East Topsham is another over view shot, follow the road out of the town to the east of town center where the roads tee's. A short ride up and around to the left, look back over your left shoulder for the view. The Town of Waits River is another icon shot. Just follow the road opposite the church, cross over a small bridge and drive up the hill a few hundred feet. It has a little white church framed with houses and a dirt road leading your eye into the frame. Don't forget your red jacket, so as to have a person walking into the composition. Placey Farm is a pm shot. It is situated on the banks of a river. If the water is still enough a reflection is possible, but better would be if you were lucky enough to have a red canoe or two come paddling down the river. Placey Farm is on Route 5 north of the town of Newbury, look for it back over your right shoulder if traveling north.

So let's travel east to New Hampshire now. In my opinion, New Hampshire is more touristy and commercial where as Vermont is more cozy and country like. However, if you search down all those dirt roads, sometimes you find a gem. I will give New Hampshire the edge when it comes to covered bridges. There seems to be more of them and they are more accessible than those of VT. The trick I found with covered bridges is to get down to the banks of the river and walk up or down stream to get the most pleasing composition. A shot I have not gotten yet, but is always on my mind is the Flume covered bridge. I have seen it in many magazines and it seems to have multiple compositional angles. It works well close up with the mountains in the background and I've seen it from farther back using the dirt road as a leading line. Waterfalls abound in NH. Because waterfalls are usually situated in rocky ravines, it may be best to photograph these on overcast days to limit the contrasty lighting that may cause exposure problems. Some special places I like are Arethusa Falls & Silver Cascades in the Crawford Notch area. The Glen Ellis Falls south of Mt. Washington on Route 16 in Pinkham Notch is another location with good possibility. Kinsman Notch also has nice waterfalls. There is something about waterfalls and the fall foliage; they just seem to blend nicely to make the most pleasant images.

One hidden gem of a place is East Andover. I saw a picture in a tour book and knew I would have to track this place down. It is west of the Laconia/Franklin area, and east of Sunapee on Route 4. If VT has one church, one town building, one farm towns, than this town can only be described as one variety store, and that is it. We drove by this site 2-3 times before I spotted it out the corner of my eye. A little dirt road leads you down to a pond that has a little white farmhouse and barn on its shores and the pond is lined with the most colorful trees I have ever seen. Early morning is the time to be here. With a cold previous night, you may have steam rising off the water and the sky will polarize a brilliant blue, as you are looking due south. The yellow, orange and red leaves compliment the blue sky and reflect in the water. I shot two rolls here without ever moving my tripod.

Some common NH places to shoot are the Kancamagus Hwy (Route 112) between Lincoln and Conway. It has a very early turning period, so plan to be there before the peak colors have come and leaf drop starts. The Franconia Notch area will provide you with many compositions to shoot. There is the cog railroad belching smoke as it ascends Mt Washington. However, I would suggest you explore whatever region you may find yourself. All areas have beautiful scenes to be shot, and I feel the lesser known areas will open your mind to see it with a fresh and original view. In addition, do not forget the smaller views of fall. There are many shots that you can find in your own "backyard" so to speak. An intimate little pond with one grand tree reflecting in the water. Find a low branch so you can shoot a few leaves backlit. And my favorite, a little cascade in a stream with mossy rocks and of coarse a few strategically placed red, orange and yellow leaves. I find nothing wrong with adding leaves into a composition. The secret, as with all composition manipulations is to make it look natural.

So pick a place in a high potential area like Woodstock VT, or the White Mountains of NH. Go with the intentions of grabbing a few photo icon shots but explore the back roads for those hidden gems. Be there to enjoy the fall colors and be open to seeing new and fresh visions to create your own personal images. Maybe you will come across a hidden gem of your own to shoot. But remember, it is always better to share your finds with others, because what you give in life will come back to reward you another day.

Web-sites resources:

<http://www.virtualvermont.com/>
<http://www.vtlife.com/>
<http://www.travel-vermont.com/>
<http://www.vermontvacation.com/>
<http://www.visitnewengland.com/>
<http://www.gorp.away.com>
<http://www.visitnh.gov/>
<http://www.nhstateparks.org/>
http://alder.stonemarche.org/covered_bridges/
<http://www.nh.com>
<http://www.foliagenetwork.com/>
<http://www.visitmaine.com>
<http://web.massvacation.com/jsp/index.jsp>
<http://visitrhodeisland.com/>
<http://www.weather.com>

2004-2005 Stony Brook Camera Club Field Trip Schedule

SEPTEMBER 24th, 2004

MOUNT AUBURN CEMETERY, MA

OCTOBER 1st, 2nd, and 3rd, 2004

MID MAINE COAST with BOB SHEPPARD

OCTOBER 16th, 2004

KANCAMAGUS HIGHWAY, NH

NOVEMBER 20th, 2004

TBA

DECEMBER 18th, 2004

CHRISTMAS AT THE NEWPORT MANSIONS, RI

JANUARY 22th, 2005

CENTER FOR NEW AGE PHOTOGRAPHY with RICHARD SHIRLEY

FEBRUARY 19th, 2005

MAGIC WINGS, MA

MARCH 19th, 2005

WATERFALLS OF CONNECTICUT

APRIL 16th, 2005

LEXINGTON/CONCORD WALDEN POND, MA

MAY 21th and 22nd, 2005

MARTHA'S VINEYARD, MA

JUNE 11th, 2005

LUPINE FESTIVAL, NH

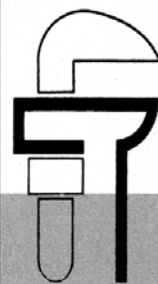
Multi-Screen 2004-2005

- | | |
|----------------|----------------------|
| 1. After Dark | 13. Machinery |
| 2. Bicycle(s) | 14. On the Beach |
| 3. Blue | 15. Part of a Flower |
| 4. Boat(s) | 16. Photojournalism |
| 5. Broken | 17. Seashore |
| 6. Church | 18. Shadow(s) |
| 7. Clock(s) | 19. Softness |
| 8. Door(s) | 20. Speckled |
| 9. Graveyard | 21. Sports |
| 10. Green | 22. Tree(s) |
| 11. Lighthouse | 23. Window(s) |
| 12. Lock(s) | 24. Winter Activity |

Only 8 more months until Multi-Screen night! Let's all work on it this year!

2004-2005 PROGRAM SCHEDULE

<u>DATE</u>	<u>PRESENTER</u>	<u>MEETING THEME</u>
9/2/2004	All SBCC members	What I did on Summer Vacation (Prints, Slides, & Digital)
9/9/2004	Mike O'Conner	Workshop: Exposure & Metering
9/16/2004	Dick Shirley	Program: PSA - 1 st Tropical Image Exhib. & 3 rd Suncoast Exhib.
9/23/2004	All SBCC members	Image Study - Prints, Slides, & Digital (moderator Ray Guillet)
10/7/2004	All SBCC members	Competition #1
10/14/2004	Bob Singer	Workshop: Harnessing the Power of Flash
10/21/2004	All SBCC members	Image Study - Prints, Slides, & Digital (moderator Ray Guillet)
10/28/2004	Dan Charbonnet	PSA Nature Division Slide Competition
11/4/2004	All SBCC members	Competition #2
11/11/2004	Mike Di Stefano	Workshop: How to Make Your Images Better
11/18/2004	Ken Wadness	Program: (America the Beautiful)
11/25/2004	Thanksgiving	
12/2/2004	All SBCC members	Competition #3
12/9/2004	Digital Committee	Workshop: Subject to be Determined
12/16/2004	All SBCC members	Holiday Party & Member's Slide Show by Mike O'Conner
12/23/2004	NO MEETING	
1/6/2005	All SBCC members	New Members Show (Prints, Slides, & Digital)
1/13/2005	Mike Goodman	Program: Finding Nemo
1/20/2005	Digital Committee	Workshop: Subject to be Determined
1/27/2005	All SBCC members	Image Study - Prints, Slides, & Digital (moderator Ray Guillet)
2/3/2005	All SBCC members	Competition #4
2/10/2005	4 SBCC VIP's	Workshop: Composition
2/17/2005	Digital Committee	Program: Subject to be Determined
2/24/2005	All SBCC members	Image Study - Prints, Slides, & Digital (moderator Ray Guillet)
3/3/2005	All SBCC members	Competition #5
3/10/2005	Rick Clorin	Workshop: Sports Plus
3/17/2005	Dick & Joan Shirley	Program: Different Perspective of the Same Trip
3/24/2005	All SBCC members	Image Study - Prints, Slides, & Digital (moderator Ray Guillet)
4/7/2005	All SBCC members	Competition #6
4/14/2005	All SBCC members	SBCC Multi-Screen Selections (moderator Martha Kerns)
4/21/2005	Guillette & Marshall	Program: David Hughes Show
4/28/2005	All SBCC members	Image Study - Prints, Slides, & Digital (moderator Ray Guillet)
4/29/2005	7 Hills Camera Club	Inter Club Multi-Screen Competition
5/5/2005	All SBCC members	Annual Business Meeting & Print/Slide/Digital Image of the Year
5/12/2005	Digital Committee	Workshop: Subject to be Determined
5/19/2005	Jake Mosser	Program: Salmagundi
5/26/2005	All SBCC members	Image Study - Prints, Slides, & Digital (moderator Ray Guillet)
6/2/2005	Ray Guillet	Workshop/Program: Celebrating the Landscape
6/9/2005	All SBCC members	Annual Awards Banquet & Member's Digital Show



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STONY BROOK CAMERA CLUB "REFLECTIONS"

A PSA Award-Winning Newsletter

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PHOTOGRAPHIC SOCIETY OF AMERICA
98TH ANNUAL
INTERNATIONAL CONFERENCE OF PHOTOGRAPHY
SEPTEMBER 6-17, 2004
Bloomington/Minneapolis/St. Paul
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FIRST CLASS MAIL